

**SURROGACY
STARS**

Affordable IVF & Surrogacy Services

Dr. Pratima Grover
Infertility Consultant

Dr. Samit Sekhar
Embryologist

Dr. Kiran D. Sekhar
Medical Director
& Infertility Specialist

Dr. Naresh Sekhar
Managing Director
& Male Infertility Specialist



SAI KIRAN HOSPITAL

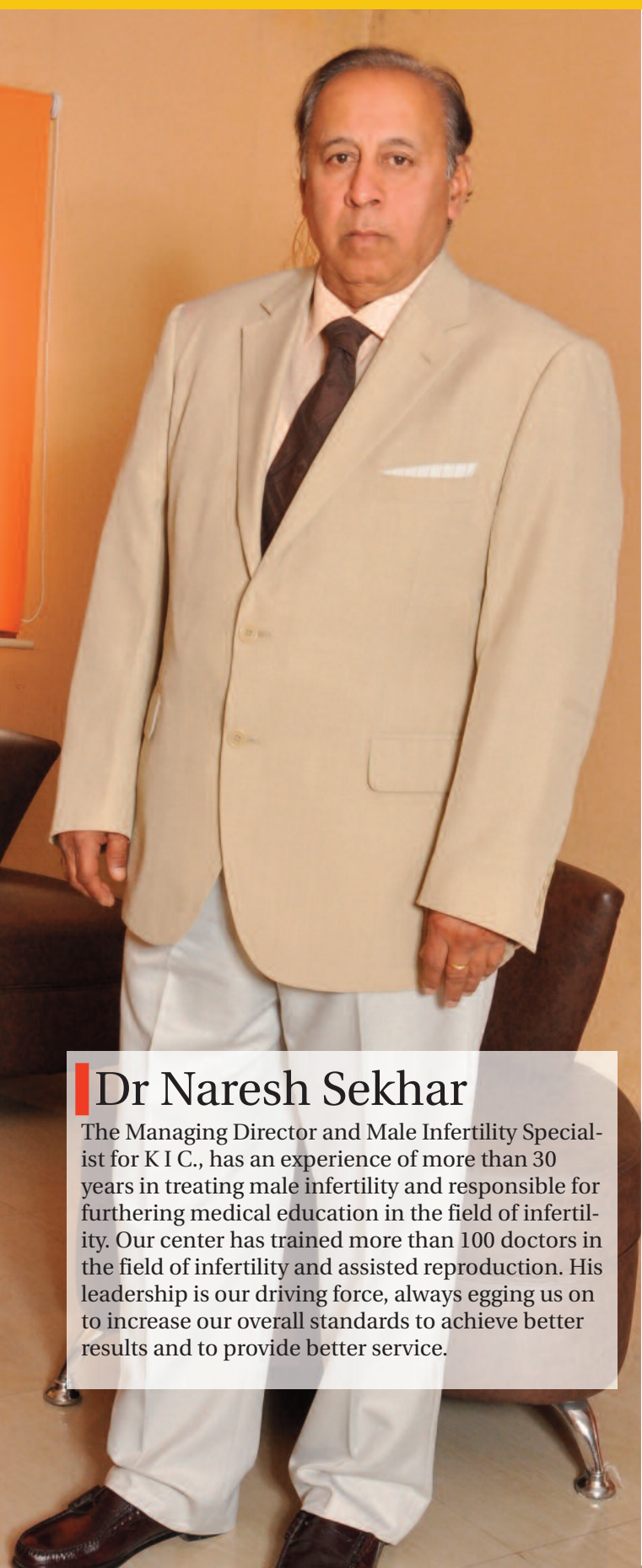
A Division of Kiran Infertility Centre (P) Ltd., HYDERABAD



RATED ART CENTRE
2013 - 2014



MEET THE DOCTORS



Dr Naresh Sekhar

The Managing Director and Male Infertility Specialist for K I C., has an experience of more than 30 years in treating male infertility and responsible for furthering medical education in the field of infertility. Our center has trained more than 100 doctors in the field of infertility and assisted reproduction. His leadership is our driving force, always egging us on to increase our overall standards to achieve better results and to provide better service.



Dr Kiran D Sekhar

Kiran D Sekhar is an eminent Gynecologist and Obstetrician and “Medical Director” of Sai Kiran Hospital & Kiran Infertility Center Hyderabad. Dr Sekhar completed her graduation and post graduation at the prestigious Osmania General Hospital Hyderabad, and has the unique and rare distinction of standing first in her M.B.B.S and her M.D. post graduate examinations. She was awarded 11 gold medals by then minister the honorable late Mr. Channa Reddy in the year 1972. Dr.Kiran Sekhar was also vice president of FOGSI- a body of nearly 20,000 obstetricians and Gynecologists across INDIA.



Dr.Samit Sekhar

Embryologist at Kiran infertility center and In charge of the overall maintenance of IVF lab and is involved in day to day patient interaction and counseling. As you would have noticed our entire team as a unit, deals only with infertility and nothing else, this is what we do all the time, and we can proudly and confidently say-we are good at what we do.



Dr Pratima Grover

Consultant at K I C., has trained at the Cleveland Clinic, USA, one of the leading centers across the world in the field of Assisted Reproduction. She is responsible for day to day obstetric and gynaecological counseling and care of our patients.



ABOUT KIC

At KIC, our team of Experts, Physicians, Medical and Non- Medical Staff are dedicated to provide the most advanced, comprehensive and customized Infertility Treatments and Protocols for our Patients. With our belief in the ancient principles of Karma, Passion for Excellence, Continuous learning and a firm Commitment towards all the Stake Holders and the Community at large, our ultimate goal here is to give each Intended Parent the greatest chance of success to achieve their dream of becoming Parents. With Pregnancy Success Rates consistently among the best in world, we firmly believe that our results reflect the dedication and expertise of our facility.

We have made phenomenal progress in the Super-Specialty of Surrogacy and Infertility Treatments and are one of the most successful clinics in India Offering Infertility Treatments and Surrogacy Program. With our focus only on Infertility since our inception in 1970's, we have been able to garner knowledge and valuable experience in this field which very few facilities can claim to possess. We have organized International Conferences which have been attended by Delegates from different countries in 1996, 98, 2000 when Infertility was a relatively unknown field in India and have continuously participated in different International Conferences. Thus Exchange of Information and Expertise with some of the leading Surrogacy and Infertility Centers in the World has helped us maintain a constant flow of information on the recent advances in Treatments, which ultimately helps Intended Parents attending our Facility to avail the latest Technology and Expertise. With our presence in different fields related only to Infertility like Academics and Medical Research, Clinical Trials & Testing, Cryopreservation and Cryo-Vitrification, Shipping of Genetic Specimens, Semen Banking and Training of Doctors, Expertise consulting in IVF & IUI Lab Installation & Maintenance, you can be assured of a world class treatment environment with us. We are also member of E.S.H.R.E. and A.S.R.M, ISAR and COGI and our delegates are invited to speak in these forums.

We understand the emotional strain that you are going through and are committed to providing a caring and supportive environment to help bring your dreams of

parenthood to life. Our Non- Medical Staff comprising of Individual Case Managers, Legal Desk, Travel and Accommodation Desk, Chauffeur's, Assistants, Guide's and Child Nanny's help you in all your requirements Medical or Non-Medical in the entire period of association with us assuring you a trouble free environment. With our International Intended Parent Clientele enrolled into our I.V.F& Surrogacy Program from more than 21 different countries, we understand that their Journey is more than Medical Treatment. We understand the Stress they go through this process and their eagerness to know the progress of their case. We have designed a customized schedule for each of our Intended Parent and the same is provided to them during enrollment. Selection and Maintenance of Donors is included in package and is done from our own Oocytes / Egg Donor Database with more than 50 Indian Donors and more than 50 Caucasian Donors enrolled. Process of Enrollment, Maintenance, Medication, and Compensation for Surrogate is also included and we have a active Surrogacy Program with continuous availability of Surrogates. With optimum use of technology we provide them with all necessary Medical and Non Medical Updates including Video Scans over e-mail. And all our facilities are connected through Wi-Fi to provide you a seamless communication environment when you are in India with us. Our International Intended Parents are provided with basic and advanced communication devices such as Mobile Phones, Laptop's, Wi-Fi Sticks to help them to communicate to their near and dear ones back in their own country. We here at KIC through our international IVF and Surrogacy Program try to provide you a Single Window Solution for all your queries in your journey to Parenthood.

Located in Hyderabad we provide you an access to everything that is required to make your Journey to Parenthood a great success.

SERVICES OFFERED

IUI
IVF
Intra CytoPlasmic Sperm Injection (ICSI)
Surrogacy
Cryopreservation
Operative Video Laparoscopy
Advanced Hysteroscopic Surgery



Till date, we are proud to have delivered more than 2000 IVF/Surrogate babies from 8 countries.



FREQUENTLY ASKED QUESTIONS For more queries please write to us: info@kiranivfgenetic.com

What is IVF?

In-Vitro Fertilization (IVF) is a procedure where Eggs are removed from a woman's ovaries and inseminated outside the body. Any embryo(s) that result are then placed in the woman's uterus where they may implant and grow.

What is ICSI?

It is an acronym to describe Intra cytoplasmic Sperm Injection, the injection of a single sperm directly into the cytoplasm of an oocyte.

How to diagnose infertility and the right age women should try for natural pregnancy?

If you have regular periods and are 35 years of age or less, the general recommendation is to attempt pregnancy naturally for one year before exploring fertility treatment options.

Menstrual irregularity, on the other hand, is a clear sign of irregular ovulation and would be one reason not to wait, as most ovulation problems can be corrected with medication.

For women who are over the age of 35, it would be reasonable to do some preliminary fertility testing right away. This would ensure there are no problems that need to be treated immediately, given the limited number of years left for childbearing.

What are the options for women over 40 years of Age?

The physician will do a complete assessment including hormonal blood work to determine if your ovaries are still fertile, and whether they would respond to fertility drugs likely leading to pregnancy.

Fertility decreases as you age. There is also a significantly higher rate of miscarriage and genetic abnormalities (such as Down's syndrome) occurring in pregnancies with advancing maternal age. Prenatal testing is available at an early stage of the pregnancy to detect the more common abnormalities.

What are the options for men with low sperm count?

A careful assessment of your partner will be done including blood work and semen analysis to further evaluate the specific abnormality in the sperm (i.e. low sperm count and/or low motility).

We also work closely with the urologists who may perform further specialized testing in order to present you

and your partner with the full range of treatment options available.

What is the information needed prior to setting up an appointment at KIC?

If you have undertaken treatment previously, any documents relating to your infertility, i.e. operative reports, semen analysis, blood work, hysteron salpingogram reports, previous IVF cycles. Please include your address and phone numbers (home and work) so we may contact you for a consultative appointment.

Are IVF related procedures painful? Can I view them?

Our desire is to make your IVF procedure as comfortable as possible. We use adequate pain relief should you require or request it. You will be awake for the procedure but will be in a "partial sedated state."

I am a single Woman/ Man. Do I have access to your services?

Due to recent Indian government's visa regulations, we can offer only IVF for single Foreign women, and not surrogacy for Foreign single men and women.

However, there are reports in the media that this is going to change in a few months. You can still contact us and we will get back to you when we can offer you a particular treatment/ service.

We have our own sperm bank/ Egg Donor Database and will assist you through the process of making your decision.

What happens with extra embryos after I achieve pregnancy?

We value all our Intended Parents as the most important part of KIC and priorities and concerns of all I.P's will always be considered when such decisions are made.

Physician will give you a report on the quality and number of Embryos, and will discuss with you a safe number of Embryos to transfer. Any extra Embryos can be frozen for use at a later time. These Frozen Embryos can be thawed at a future date either for another child or to try





again without the need for doing the entire process of IVF, or are destroyed or used for research purpose after obtaining a written consent from I.P.

Is it safe to take herbal products along with my fertility medications?

Many herbal medications have powerful biological effects and some may actually inhibit fertility. We suggest you refrain from using any herbal medications during your fertility treatments at the unit.

How long does an IVF cycle take? How many days of work will I need to take off?

Generally an IVF cycle takes about 2-3 weeks. You are only required to come to the clinic on some of these days and appointments will be provided to minimize the time you will spend for cycle monitoring (blood test and ultrasound). However, we recommend for you to be assessed at our center near the end of your cycle. It would be necessary to be off from work on the day of the retrieval.

Can fibroids interfere with IVF?

Fibroids are benign tumours consisting of fibrous tissue and muscle which grow in the uterus. The significance of fibroids relates to not only their size but also their location. Even small fibroids located inside the cavity of the uterus where embryos need to implant, may interface with success and need to be removed. Fibroids that do not encroach on the cavity of the uterus are generally not significant unless they are larger than 5 cm in diameter and also if there are many fibroids causing significant uterine enlargement.

I have Endometriosis; does this affect my fertility & also success with IVF?

Endometriosis is a condition where cells that usually remain confined to the cavity of the uterus, grow outside of the uterus usually on or in the ovaries and also on the surface of the pelvic pain and may also decrease the chances of natural conception by about one-third. Patients who require IVF who have endometriosis still have the same chances of a successful outcome as patients of the same age without endometriosis as long as immunological factors that may accompany endometriosis are identified and treated appropriately.

Does KIC provide Surrogacy Services?

Yes, we provide services for patients requiring a Gestational Carrier for Medical or other related reasons. Please call or write to us to obtain further information.

OUR SUCCESS STORIES

OUR HAPPY FAMILIES



A very sweet message from one of our patients from Canada who left in April with their child

"Thank you again for making our dream come true. We will always remember you all and what you did for us. Thank you for your kindness and professionalism throughout the last year. We wish you and the clinic the very best in the future.

I also wanted to mention that Erin and I were both very impressed with Satvinder Singh. He was extremely helpful throughout our time here and was very reliable. Thank you Dr Samit Sekhar



Double Delight

In April 2014, two sets of parents, one from Brazil and one from Dubai, were blessed with daughters with the help of the KIC Surrogacy program.



Hi from Tran Family in USA!

Hi Dr. Samit, How are you doing? Natalie and Nicole are doing very well. They weight almost 8 lbs today. We miss Hyderabad and Sai Kiran. Hope we will return someday to visit and say thanks again!

FOR 3 CYCLES OUR CUMULATIVE PREGNANCY RATES ARE AS HIGH AS 90%

The specific chance of success varies with a number of factors including the indication for the procedure, the patient's age, the number of embryos transferred and a variety of other factors. Your chances of success with IVF will be discussed on an individual basis with your fertility specialist. The success rate with IVF must be viewed considering the natural fertility rate in fertile couples that is approximately only 10% per month. We advise you to be mentally prepared to undergo at least 3 cycles, so that finally we can ensure you at least 85-90% success rate. Appropriate concessions are given in the financial aspect of treatment if you undertake 3 full cycles.



A Miracle Is Born

Our journey with the Kiran infertility Centre, started 2 years ago around Christmas time...

After 5 years of trying to have a baby here in Toronto, Canada we were looking for a miracle and we found it on CNN. We watched a show about the Kiran Infertility Center and possibilities of surrogacy in India.

My husband Glenn contacted a few centres and we received a message from Dr. Samit Sekhar who is the program director and we really had a good feeling. We joined the clinic's online social networking page contacted other intended parents and received first hand information. We spoke to Dr. Samit many times and in April 2011 we went to India. Our experience in India was great, the staff was fantastic and everything went well, but our surrogate did not get pregnant, after receiving the news we were heartbroken, however we knew we had 4 tries, so we were just waiting and we trusted Dr. Samit And Dr. Kiran Sekhar very much. After a few long months in November 2011 we got the news that the surrogate was pregnant and it was the first Christmas that was truly great for us! During the pregnancy we were receiving scans and reports every 10 days and on June 20 the case manager Anjani emailed us that the surrogate was showing signs of labor and I flew to India on June 21 and our Zoe was born on June 22, well I did miss the birth, as the trip was so long, but it did not matter. We had a baby that we wanted for such a long long time. I would strongly recommend the Kiran Infertility center to infertile patients. We are also planning a little brother or sister for our Zoe with the Kiran Infertility Center.

A Dream Come True

Hi Dr. Samit, We are finally home and the girls are getting used to the weather and environment here. We could not thank you enough for giving us these precious angels. Your care was a constant presence every step of the way. We could not have come this far without you guys. Thank you so much for making our dream come true. **Mrs & Mr G.**



How do I get copies of my medical records?

Patients must complete an Authorization for Release of Information form, and submit to our Center. You will need to be specific about the records you wish. Please note it takes 10 business days to complete these requests within 1 year of completion of your treatment and 20 business days after one year and within 4 years of completion of your treatment.

What are the risks associated with IVF treatment?

Like all medical treatments, IVF carries some risks and your clinic should discuss these with you before you go ahead with treatment. Risks can include reactions to fertility drugs that may be prescribed, and also the risks associated with any pregnancy.

Drug reactions

You may experience a mild reaction to fertility drugs such as ovulation-inducing drugs, pituitary stimulation and ovary-stimulating hormones. Discuss these in advance with your doctor, so that you know what a 'normal' reaction is.

Ovarian-hyper stimulation syndrome (OHSS)

This is a potentially dangerous over-reaction to fertility drugs used to stimulate egg production before your eggs are collected for IVF treatment. Cysts develop in the ovaries and fluid collects in the stomach. In rare cases, the ovaries become very swollen and fluid can fill the stomach & chest cavities. A fall in the concentration of red blood cells can lead to blood clots. An HFEA report in 2005 found that severe OHSS occurs in approximately 1% of cycles. Blood flow to the kidneys may also be reduced. Symptoms include a swollen stomach and stomach pains. In severe cases, this is accompanied by vomiting, shortness of breath, faintness and reduced urine. OHSS is potentially very serious, so if you start to experience any of these symptoms, contact your clinic immediately.

Ectopic pregnancy

This is when an embryo develops in your Fallopian tube rather than in the womb, and can happen in a natural pregnancy or when you have become pregnant through fertility treatment. The chances of having an ectopic pregnancy seem to be slightly higher in women having fertility treatment, especially if you have existing problems that affect your Fallopian tubes. Report any vaginal bleeding or stomach pain to your clinic. They can do a blood test to check your hormone levels. You should have a scan at six weeks to check for the baby's heartbeat & growth.



A Big Thank You

Thank you everyone. We really appreciate! We would like to make a special thank to Dr. Samit, Dr. Kiran and all the members of their staff for their professionalism and dedication. Our most cherished dream is now reality! We are very grateful to the clinic because without their support, we could never have fulfilled the dream of having kids. Thank you again.

Justin Grenier and Helene Bouchard

Yes! We Are Parents

Message from a proud new Dad...

: It is with immense and indescribable happiness that I'm announcing the birth of our twins: Maika, our daughter and Yanni, our son! Both were born on January 30, 2011 in beautiful INDIA Magic? A little bit yes but mostly, we owe all this to our wonderful Surrogate, to Dr. Samit & to the KIRAN CLINIC amazing team.

I can't finish without thanking my wonderful wife. We hoped for children for almost ten years but life had other plans for us... I almost lost my love to a severe paralysis and it is with love, courage, and determination that she stayed alive. We would have never thought that a few years later she was to bring us all the way to India so we would realize our lifelong dream of becoming parents. Our path is neither simple nor traditional but we would not change a thing. Having a surrogate in India is an experience filled with love and gratitude. Two families helping each other from one side of the planet to the other and who completely and mutually transform each other's life. Every cell of our being is grateful for these extraordinary women who have helped us build our family. On her part, our surrogate's and her family's life has also been transformed.

When I see my wife tenderly holding and looking at our little Maika and little Yanni, I have the profound feeling and conviction that all is right in the universe. YES, WE'RE PARENTS!

Manon and Marc



ACHIEVEMENTS

KIC is one of the first established Super-Specialty Clinics of its kind in India, with state of the art infrastructure, equipment and expertise. We have got various Achievements, Awards, Recognition – both public and private, national and international. We have also created various milestones in the field of infertility and surrogacy treatments. A few of them are as listed here:



Dr Naresh Sekhar with the Prime Minister of India



Dr Kiran Sekhar being honoured



Dr Kiran Sekhar receiving an award from the Chief Minister of Andhra Pradesh



SAI KIRAN HOSPITAL

A Division of Kiran Infertility Centre (P) Ltd.

#6-2-966/4, Lane No 10, Opposite Hindi Prachar Sabha, Besides Nirmala High School, Khairatabad, Hyderabad 500004, Andhra Pradesh, India.

Ph: +91-95-3340 4400 **Fax:** +91-40-420-20394

Cell: +91-994817-5768

Email: info@kiranivfgenetic.com **Website:** www.kiranivfgenetic.com



Our Dream Come True

Dear Dr. Samit,
We never really had a chance to properly

thank you and your clinic for your assistance throughout all this. We greatly appreciate your efforts and hope your clinic is continuing to bring joy to people's lives. Stefan is truly our dream come true.

Young-Mee and Chris