

Kiran Infertility Center– Newsletter September ‘12

Team KIC at the ‘Men Having Babies Seminar’- NYC , 2012!

About **150 prospective parents attended** Men Having babies’ 8th annual expo, where several large donations to the new Gay Parenting Financial Assistance Fund were announced. The donations, totaling \$40,000, were made by Kiran Infertility Center and 3 other clinics from USA. The fund was created as part of our mission to promote the affordability of surrogacy and related services for gay men through financial assistance. Signifying the steady increase in interest in this parenting option, the September 22 event attracted a record number of exhibitors and prospective gay parents. **This was the largest and most extensive program to date dedicated exclusively for gay prospective surrogacy parents.**

While gay parenting may be increasingly perceived as ‘the new normal’, it is still financially out of reach to many prospective parents. However to date there was not a single comparable fund to assist gay men, who are not considered ‘infertile’ even though they need substantial third party assistance in order to become parents. A survey conducted among more than 200 gay couples who had children through surrogacy found that **gay parents spend an average of \$110k on their parenting journey**, and that many have underestimated the required costs by ten thousand dollars or more. **We at KIC announced the donation as a gesture of support to the LGBT community. Our presence there at the Men Having babies’ 8th annual expo, NYC was an eye- opener to a lot of gay couples who did not know of this option of Surrogacy in India, which is 1/4th the costs of that in the USA.**



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Dr Pratima Grover, Senior Consultant

M.B.B.S, Post Graduation in OB/GYN



I have been with KIC since more than 3 years now and I love my work here! My passion and dedication towards my profession keeps me going in spite of all odds in this very demanding field. I am a very optimistic person and have a great amount of perseverance, and that helps me achieve my goals: that's getting my patients the results.

I do yoga and go to the gym to keep my mind and body fit. On the personal front, Traveling and Shopping with my little daughter is a great stress buster! I love spending time with my family. They are my life!

Dr Pratima Grover - Consultant at K I C., has trained at the Cleveland Clinic, USA, one of the leading centers in the world in the field of Assisted Reproduction. She is responsible for day to day obstetric and gynecological counseling and care of our patients.

A Challenging Case:

This time we focus on IVF. A 28 year old female, came to us with a history of primary infertility since the last 6 years. She complained on scanty menses lasting for less than 2 days. All her blood work and hormonal profile came back normal. On ultrasound, there was free fluid noted in the abdomen.

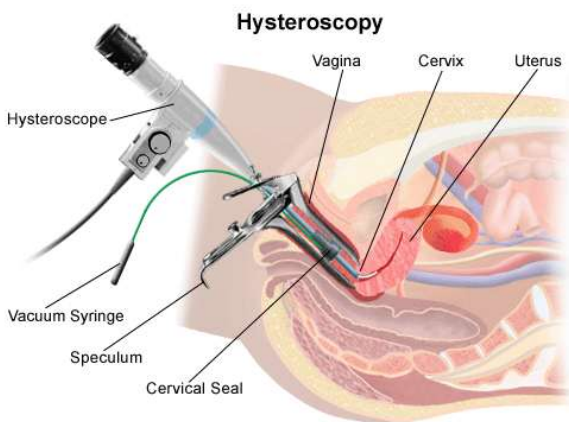
A hysteroscopy was done and multiple adhesions were seen inside the uterus. Endometrial scrapings were taken and send for histopathology. She tested positive for genital tuberculosis, which even though rare in developed nations is still the most common cause of infertility in the Indian sub-continent.

She was started on Ant-Koch's therapy for 6 months and was also asked to reduce weight as recent studies have shown that there is relation between infertility and obesity in females.

(Current Opinion in Endocrinology, Diabetes & Obesity: December 2007 - Volume 14 - Issue 6 - p 482-487. doi: 10.1097/MED.0b013e3282f1d6cb
Reproductive endocrinology: Edited by Wendy Kuohung)

After 6 months, again a blood test was done which showed that levels of tuberculosis bacteria had come down. She underwent IVF and 3 embryos were transferred and resulted in a successful pregnancy.

This case once again emphasizes the need for infertility specialists to focus on genital tuberculosis as the major reason for infertility in India.





Parent Focus– Richard

A proud father's comment:

"Jacob is now just over 2 years old, and growing up to be a loving, healthy, bright and inquisitive boy, full of vitality. He was conceived through 'IVF' by Dr. Sekhar and carried to term in July 2010 by a wonderful lady who lived at the Kiran IVF Centre during the entire pregnancy. I was fortunate to meet her after Jacob's birth and convey my sincere gratitude. It goes without saying that my gratitude also extends to Dr. Samit Sekhar, his expertise, and the services provided through the Kiran Infertility Centre, for Jacob, and, that he is in my life."

Richard A. Lukjaniec
Architect, RIBA
Canada.



Ultimate Tips for a Better Life!

1. Take a 10-30 minute walk every day. & while you walk, SMILE. It is the ultimate antidepressant.
2. Sit in silence for at least 10 minutes each day.
3. When you wake up in the morning, Pray to ask God's guidance for your purpose, today.
4. Do not try to please each n every1, Learn to say NO
5. Help yourself, Keep the least expectations from any1 for the day.
6. Try to make at least three people smile each day.
7. Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
8. Eat breakfast like a king, lunch like a prince and dinner like a college kid with a maxed out charge card.
9. Life isn't fair so many times , but it's still Good.'
10. Life is too short to waste time hating anyone. Forgive them for everything !
11. Don't take yourself so seriously. No one else does.
- 12.You don't have to win every argument. Agree to disagree.
13. Make peace with your past so it won't spoil the present.
14. Don't compare your life to others. You have no idea what their journey is all about.
15. No one is in charge of your happiness except you.
16. Frame every so-called disaster with these words: 'In five years, will this matter'
17. Help the needy, Be generous ! Be a 'Giver' not a 'Taker'
18. What other people think of you is none of your business.
19. Time heals almost everything.
20. However good or bad a situation is, it will change.
21. Your job won't take care of you when you are sick. Your friends will. Stay in touch.
22. Envy is a waste of time. You already have all you need.
23. Each night before you go to bed ,Pray to God and Be thankful for what you'll accomplish, today !
24. Remember that you are too blessed to be stressed.

A rare case and a visit

The Consulate General of Israel from Mumbai Consulate visited our clinic for seeing child of one of our Israeli Intended Parent's Mr. D. Mr. D's child was born with a disorder which occurs in one in a million cases in new born children and there has been no such reported case in India in recent years. The child was diagnosed with non-tolerance of Lactose and all kinds of Protein found in Milk. Post Birth, Mr. D's child was discharged from Hospital and after a few days, she started vomiting and there was a problem with her digestion as such. Different scans and tests were carried out, different formulations of baby food were tried on the baby, which was not working and child was not able to digest any of them.

After almost 45 days in the Hospital and trying out almost all the formulations available in the Market, Doctors in our partner facility concluded that a formulation which is not available in India should be tried. We ordered for this formulation of baby food and this was the last resort. After all the efforts, prayers and wishes, the baby of Mr. D is on the road to recovery. She is taking this formulation normally and till date no side effects as such are noticed. Knowing of this fact and to ensure to help Mr. D, the Consulate General of Israel from Mumbai Consulate visited our facility to check on the health status of Baby and to collect the DNA Samples of Baby to get the same matched. She also arranged for the Surrogate Interview and other documentation during her visit as a one-off case. We thank the Consulate General for her kind consideration in the case of Mr. D and we KIC Family wish Mr. D's daughter a speedy recovery.

Donor Focus : Cherish



I'm always on a mission in high heels. Always find a large number of exceptional opportunities wherever I go; I live for adventure, and crave adrenalin. I believe in trying everything once, you name it I'll do it! I have a great sense of humor, to make life fun, exciting and worth while. I'm very blessed and appreciate everything I have! I believe in making the most of every moment and enjoy all the wonders life has to offer. My hobbies include Scuba Diving, Horseback riding and Photography.

Ever woman will tell you that when she was just a little girl she dreamt of one day becoming a princess; but the truth is she was always dreaming about becoming a mother. Because becoming a mother is the perfect fairy-tale ending. I feel that all women should be able to experience that amazing gift. There is nothing more riveting than to be able to one day hold your own child in your arms. That is why I feel truly honored and swollen with pride to be able to help make the dreams of all the women who have been robbed of this wonderful life changing experience come true.

The days I spent in India were incredible. If I could immortalize my captivating experience, I would be stealing the perfect memory; because that is what my time in India was like, perfect!

Visitors at KIC this month



Seen here is Dr Samit with some of the Intended Parents from USA, Srilanka, Honduras, Brazil, Dubai and South Africa.

Statistics this month:

- 21 New Intended Parents joined our program.
5 Births
- 22 International Intended Parents visited KIC
 - 10 Caucasian donors inducted.
 - 5 Indian donors inducted
- 32 embryo transfers carried out resulting in 20 pregnancies.

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